



PREPARATION FOR UPPER ENDOSCOPY

Your procedure will be performed at: NOVANT HEALTH BRUNSWICK MEDICAL CENTER
240 HOSPITAL DRIVE NE
BOLIVIA, NC 28422

- NOTHING TO EAT OR DRINK AFTER MIDNIGHT
- LEAVE ALL VALUABLES AND JEWELRY AT HOME
- REMOVE ALL NAIL POLISH AND MAKE-UP
- HAVE SOMEONE WITH YOU TO DRIVE YOU HOME. THIS PERSON WILL NEED TO REMAIN AT THE HOSPITAL WITH YOU UNTIL YOU ARE DISCHARGED.

Please take the following medications the morning of procedure with a sip of water _____

Procedure Date & Time _____

Arrival Time at NHBMC _____

Directions for blood thinners: _____

*****IF YOU TAKE PHENTERMINE, YOU MUST BE OFF MED A FULL 2 WEEKS BEFORE PROCEDURE*****