



## Novant Health Gastroenterology Brunswick

### Flexible Sigmoidoscopy Prep Instructions

#### Procedure Details:

**Location:** Novant Health Brunswick Medical Center

240 Hospital Drive NE, Bolivia, NC 28422

**Date of procedure:** \_\_\_\_\_

**Time to arrive:** \_\_\_\_\_

**Procedure time:** \_\_\_\_\_

#### What you will need:

- 2 Fleet Enemas

#### Before the procedure:

1. 6 hours prior to procedure- **CLEAR** LIQUIDS ONLY
2. 2 hours prior to procedure- **NOTHING** by mouth except medications with a sip of water
3. 1 hour before arrival at hospital, use 1<sup>st</sup> fleet enema
4. 30 minutes before arrival at hospital, use 2<sup>nd</sup> fleet enema

**Please call our office at 910-754-5988 if you have questions regarding your procedure.**